

**There's always something on at North Bristol Community Project!
We would love to see you at one of our courses or workshops**

Join anytime, go at your own pace. Small groups of six.
All levels welcome. Pre-booking essential.
Lead by an experienced arts facilitator.

Any four week course £68 | 6 weeks £96
8 weeks £126 | 10 weeks £153
Bookings are confirmed on receipt of payment.



Enquiries: Telephone : 07742 377799 Email: nbcpr84@gmail.com

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Arts 4 Well-being – painting, drawing, print-making, collage

Our well-being arts workshops are all about getting creative, making things and relaxing around like-minded people.

Thursdays from 10.30 am to 12.30 pm.

De-stress, relax, learn new skills and make new friends. An ideal way to battle depression, anxiety and isolation.

Sewing Skills – machine, hand stitch, recycle

In these sewing classes you can learn how to make your own wearable art, repair, alter, embellish or customise your clothing.

Beginners – Mondays from 10.30 to 12.30

Improvers – Monday from 1.00pm to 2.30pm (except Bank Holidays)

Use a sewing machine to and hand-stitch to recycle , re-use, re-vamp and repurpose. Create a new wardrobe from pre-loved fabrics...

I.T. Skills for the over-50's

If you feel like today's technology is leaving you behind, why not try our computer skills tutorials for the over 55s.

Computer skills course Thursdays from 2pm to 3:30pm (excluding Bank Holidays).

£5 per person per session. Tea and coffee available, £1.50 each.

Bring along your devices. We will help you to navigate the digital world with more confidence, so you can: use apps, book tickets, bank online safely, get great deals, keep in touch with loved ones online and take better photos, all in a friendly, supportive environment.

Spanish Conversation Classes – 1 to 1

Ideal for those who have a basic grounding in Spanish, but who would like to improve their conversation skills, beyond ordering a beer at the bar. Each week we focus on different topics, such as getting around, food, music, shopping, culture and current affairs.

Sessions run every Thursdays from 7.00 to 9.00 pm.

£80 for 10 sessions (pre-booking essential), or £10 each on a drop-in basis (if spaces available). Soft and hot drinks included in the cost. Wine available on request upon booking.